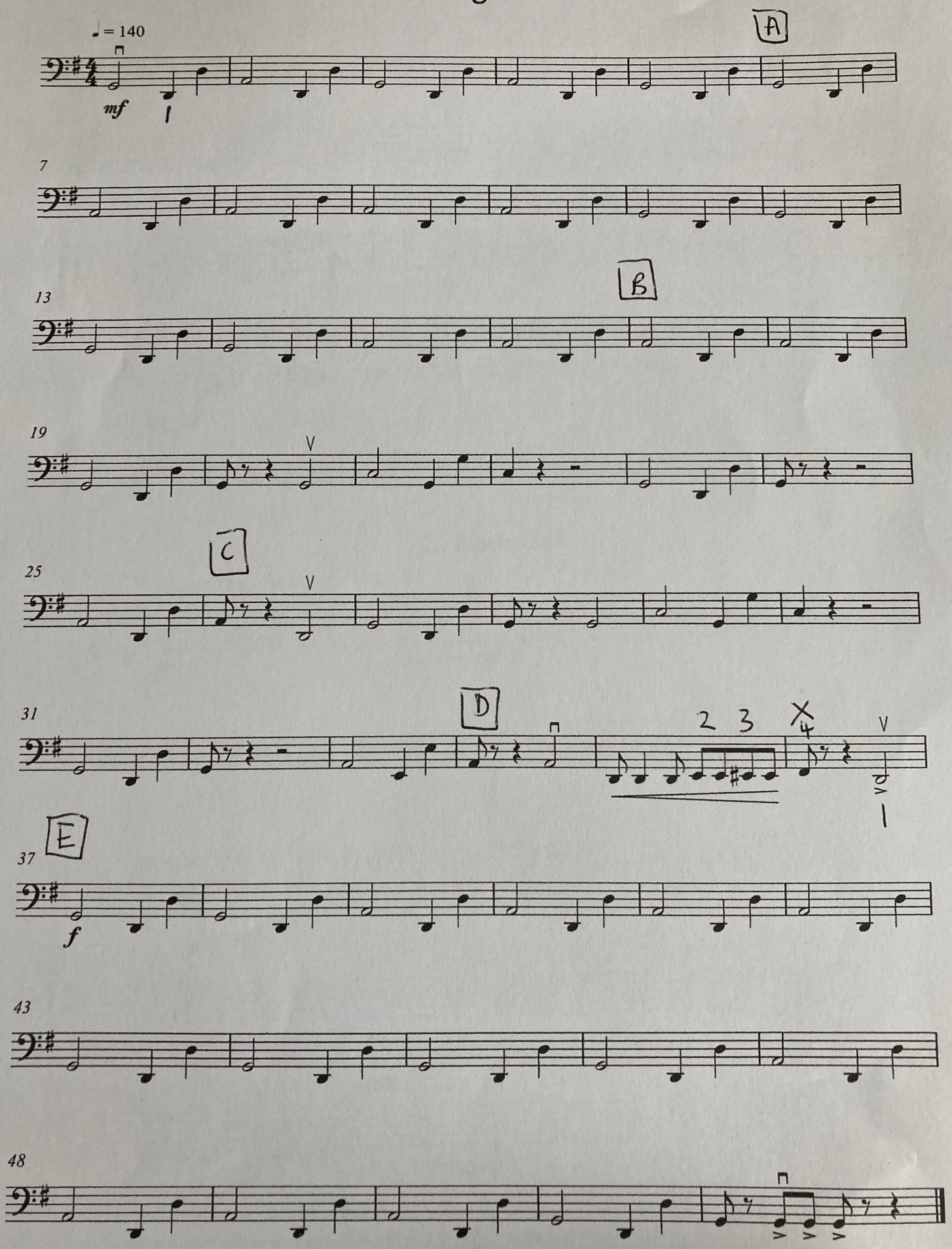Alla Beguine